



ROACH TREATMENT PREPARATION SHEET

When this checklist is followed, our treatments are more effective, and you have less risk of re-infestations. If you have any questions, please call our office **1-800-454-5837**.

Roaches

- Move light furniture away from the baseboards.
- Empty kitchen cabinets, pantries, drawers, under the sinks, and all bathroom's cabinets.
- Place dishes and food on table and cover with plastic. Re-wash dishes before use.
- Remove all items from your pantry and place them on a table.
- Remove all shelf paper. Roach eggs can attach to shelf paper.
- Examine each product and throw away everything that has been infested.
- Wipe down tops and bottoms of all canned goods.
- Place all remaining un-infested products in air-tight containers or zip-lock bags.
- Leave un-infested items on the table; our technician will want to inspect them before you can return them to the pantry.

PEOPLE AND PETS NEED TO VACATE THE PROPERTY FOR MIN OF 2 HRS, PREGNANT WOMEN AND ANYONE WITH HEALTH CONCERNS MIN OF 6HRS.

When you return, please be sure all treated areas are completely dry. All food preparation surfaces MUST be wiped down with SOAP and WATER only prior to any food preparation.

DO NOT CLEAN OR WIPE DOWN WITH BLEACH OR CLEANSERS FOR 48 HRS AS BLEACH WILL NEUTRALIZE OUR PRODUCT (with exception of food prep areas)

ROACH PREVENTION TIPS:

Follow these 9 tips for cockroach prevention:

1. **Keep it clean.** Good sanitation is the number one way to prevent cockroaches.
2. **Focus on the kitchen.** Don't leave food out overnight. Wash dirty dishes daily. Wipe up crumbs and spilled food, even in cabinets and pantries. Clean kitchen counters with disinfectant spray every night. Don't forget the appliances. Roaches love to feast on grease and spilled food on, in, under, and behind your appliances, including your refrigerator, stove, dishwasher, microwave, toaster, and under the kitchen sink.
3. **Limit where you eat.** Restrict food consumption to one room. This not only makes cleanup easier for you, limit crumbs and spills that you might not notice in other rooms that provides another food source for roaches.
4. **Store all food in sealed containers.** Roaches can fit inside the openings of typical cardboard packages that food comes in. This also applies to pet food. Pet food should be kept in a sealed container, preferably outside, as to not attract roaches into the house. Pet food bowls and containers should also be outside and emptied every night.
5. **Empty the trash.** Make sure your trash can has a tight fitting lid and empty the trash each night. Make sure your outside trash cans are clean and kept away from the home.
6. **Roaches feed at night.** Vacuuming the kitchen floor nightly eliminates the food supply for roaches. Vacuum the other rooms in your house every 2 to 3 days, as well. This helps to get rid of roach feces, body parts, and eggs. These contain pheromones that attract other roaches into your home.
7. **Get rid of entry points.** Seal around utility pipes and crawl spaces. Make sure windows and doors are secure and have weather-stripping if necessary. Seal all cracks and crevices.
8. **Remove anything roaches can use for shelter,** such as cardboard and paper.